



# WELCOME KIT

Important Information about  
Tel Aviv, the University & Student Life



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## GREETINGS FROM THE STUDENT LIFE TEAM

Dear Students,

We, the Madrichim (Student Life Team) would like to welcome you to Israel, to Tel-Aviv and to Tel-Aviv University! We the Madrichim are in charge of all social activities such as field trips, activities, cultural events and much more! Our goal is to expose you to the diverse experiences Israel has to offer, and to create a meaningful social community!

We live in the dorms with you, so we are always available if you have any questions, problems, or if you just want to chat. In addition, you can always contact us by email or phone.

In short, we are here to help you find your way around, and to make your stay in Israel as enjoyable as possible.

We hope you are eager to get to know and understand Israel by taking advantage of everything in your academic program as well as in our social program.

In addition to what you received in the pre-departure handbook, we prepared for you some useful information that you can carry along with you when necessary.

For all the information about COVID-19 in Israel visit our special [Website](#)

## HOW CAN YOU CONTACT US?

<b>Undergraduate Students (Study Abroad/BA/BSc)</b>	<b>Graduate Students (MA/PhD/Postdoc)</b>
E-mail address: <a href="mailto:madrichimosp@mail.tau.ac.il">madrichimosp@mail.tau.ac.il</a>	E-mail address: <a href="mailto:intlgrad@mail.tau.ac.il">intlgrad@mail.tau.ac.il</a>
Facebook account: <a href="#">Madrichim TAU</a>	Facebook account: Intlgrad
Phone or WhatsApp: 052-5346188	Phone or WhatsApp: 052-3983716
Instagram account: <a href="#">@taumadrichim</a>	



## Important Telephone Numbers and Information

### External Telephone Numbers

- Police.....100
- Ambulance (Magen David Adom).....101
- Fire and Rescue.....102
- Israel Electric Corporation.....103
- Tel-Aviv Municipality.....106
- Information.....144
- Tel Aviv Emergency center..... 03-6272350
- Ichilov Hospital/Sourasky.....03-6974444
- The Association of Rape Crisis Centers:
  - Hotline for women.....1202
  - Hotline for men.....1203
- Eran – Emotional Crisis Hotline.....1201

### Helpful TAU Extensions

- TAU International Office..... 03-6408118
- University Campus Security.....03-6405555
- TAU Psychological services.....03-6408505

### Wi-Fi On Campus

1. Network: **Public-TAU**, Password: **publictau**
2. Network: **Free-TAU**, Password: **free-tau**



## Online Food Options During Quarantine

During quarantine you will be able to purchase things only online, so it is mandatory to bring with you an **international credit card** (such as Visa or MasterCard) for you to be able to pay for your deliveries.

We will provide you with hot meals and sandwiches for the first 4 days of quarantine and basic groceries for your whole stay.

For your convenience, you are able to order **Wolt** (also in an App). They are aware that we have quarantined students in the dorms, and assured us they will do everything possible to give you the best purchasing experience.

Wolt also has an option to order from **"Be Pharm"** for toiletries and **"Yellow market"** for Groceries. Please add a note at the end of the order:

1. Mention that you are in quarantine and request that the delivery will be placed by your apartment door (since you can't come pick it up from the dorms gate).
2. List your exact building, entrance number, floor and room number – so that the delivery person can easily find you.
3. If you have an Israeli phone number, please add it to the order so that the delivery person can contact you in case they can't find you.

Additional options for online grocery shopping

<https://www.mck.co.il/>

<https://www.ybitan.co.il/>

<https://www.ampm.co.il/>

Please note that these companies are not used to English customer service, and sometimes don't bring the delivery by your door step, so you need to be very clear with the delivery person as you make the order.

## Laundry Services During Quarantine

**Kvisi:** Laundry pick-up and delivery service app <https://www.getkvisi.com/> please note: when in quarantine, they can pick up your laundry from outside the door.

## Tips for Activities During Quarantine

Visit our special Student Life COVID-19 [Website](#)



## Safety, Health and Security Services

Please read carefully the TAU Safety and Security Guidelines prior to coming to TAU:

[https://international.tau.ac.il/safety\\_and\\_wellbeing](https://international.tau.ac.il/safety_and_wellbeing)

### COVID-19 Guidelines

- It is compulsory to wear a mask when leaving your house (violation is subject to an increased fine of 500 NIS)
- It is compulsory to maintain a distance of 2 meters between people.
- Maintain a strict hygiene routine – wash your hands frequently and carry hand sanitizer at all times.
- Do not enter a public place with fever or respiratory symptoms.
- Your temperature will be measured upon your entrance to campus and other locations such as stores and restaurants.

Additional guidelines can be found on the Ministry of Health [Website](#).

### TAUi insurance for Eligible Programs

**If you are in the programs listed below, you are insured through TAUi as part of your tuition. Long term students (more than 5 months) must submit a health declaration to our insurance coordinator prior to their arrival.**

Study Abroad, LL.M., MA in Conflict Resolution and Mediation, MA in Middle Eastern Studies, MA in Security and Diplomacy, TESOL, MPH Program in Emergency & Disaster Management, Sofaer International MBA Program, BA in Liberal Arts, BA & Columbia.

Medical services are provided at "**Leumit**" clinics throughout Israel. For your convenience, we have assembled a list of guidelines for receiving medical services:

- **Membership Card** – upon joining the insurance, you will receive a magnetic "**Leumit**" card (this card is personal and non-transferrable), which will allow you to receive medical service at Leumit clinics.
- **Leumit Clinics and Family Physicians** – we recommend that you locate a clinic close to your home and join their patient list. When you first visit the clinic, please go to the office and register with a family physician.
- **Specialty Physicians** – to make an appointment with a specialty physician, please call the Leumit Call Center at **\*507 (for English press 4)**. Please note: some specialty physicians require a referral ("Hafnaya") from your family physician. Please make sure to consult with your family physician prior to setting an appointment. Some of the examinations/ services outside your "base/home" clinic also require a monetary commitment form (called "Tofes 17"), please make sure to inquire with the secretary at your home clinic prior to making the appointment, so you can come prepared.



- **Emergency Dental Care** – please call the **Leumit** Call Center at **\*507**. Kindly note that dental care is not covered by the policy. Emergency treatment / first aid only will be provided in Leumit clinics.
- **Medications** – medications included in the "Health Service Package" and prescribed by a physician may be received **only** at Leumit clinic pharmacies or at "Super-Pharm" chain – "Super-Pharm" chain doesn't except digital prescriptions, only printed on paper and signed by a physician.
- **Home Visit** – you may request that a physician come to your home, with no deductible, from 7:00 pm through 7:00 am the next morning, or when the clinic is otherwise closed (Shabbat, holidays, etc.). Home Visit Call Center: **1700-505066 or 9101\***.
- You can also call the Call Center at **\*507** to consult with the on-duty nurse.
- **Tel Aviv Emergency Center** – in emergency case, you can visit the Emergency Center at Yigal Alon st. 90, with a reduced price of 87 NIS.
- **Emergency Room Visit** – emergency room visits will only be covered in full if referred by a physician, thus it is recommended to go to the emergency room after obtaining a referral from a physician or from an on-duty nurse at the **\*507** Call Center.
- **The "Menora" Call Center is at your disposal 24/7 at: \*2000** - Please note you will need your student number as identification when calling the "Menora" Call Center.



## Leumit linics in Tel Aviv Area:

Name	Address	Phone number	Opening hours
<b>Ramat Aviv Gimel</b> The nearest to TAU (Bus lines 126, 171 to "Schuster Center")	Aba Akhime'ir St 26, Tel Aviv-Yafo	03-7450400	<u>Sun, Tue:</u> 7:30am – 7pm <u>Mon, Thu:</u> 7:30am – 1pm <u>Wed:</u> 7:30am-1pm, 4pm-7pm <u>Fri:</u> 7:30am – 12pm <u>Saturday:</u> Closed
<b>Ramat Hachayal</b>	HaGolan St 95, Tel Aviv-Yafo	03-6481457	<u>Sun, Tue:</u> 7:30am – 7pm <u>Mon, Thu:</u> 7:30am – 1pm <u>Wed:</u> 7:30am – 1pm, 4pm – 7pm <u>Fri:</u> 7:30am – 12pm <u>Saturday:</u> Closed
<b>Tel Aviv – Main Clinic</b>	Heftman St 4, Tel Aviv-Yafo	03-6970306	<u>Sun, Tue, Thu:</u> 7:30am – 7pm <u>Mon:</u> 7:30am – 1pm, 3pm – 7pm <u>Wed:</u> 7:30am – 1pm <u>Fri:</u> 7:30am – 12pm <u>Saturday:</u> Closed
<b>Basel Tel Aviv</b>	Basel St 35, Tel Aviv-Yafo	03-6012600 03-6012601	<u>Sun, Tue:</u> 8am – 1:30pm, 4pm – 6:15pm <u>Mon, Wed, Thu:</u> 8am – 1:30pm <u>Fri:</u> 8am – 11:45pm <u>Saturday:</u> Closed
<b>Yad Eliyahu</b>	Dimona St 8, Tel Aviv-Yafo	03-6304600	<u>Sun, Tue, Thu:</u> 8am – 1pm, 4pm – 6:30pm <u>Mon, Wed:</u> 8am – 1pm <u>Fri:</u> Closed <u>Saturday:</u> Closed
<b>Ha'Tikva</b>	Etsel St 79, Tel Aviv-Yafo	03-7915800	<u>Sun, Mon, Wed:</u> 8am – 1pm, 4pm – 7pm <u>Tue, Thu:</u> 8am – 1pm <u>Fri:</u> 8am – 11pm <u>Saturday:</u> Closed
<b>Jaffa</b>	Magen Avraham St 23, Tel Aviv-Yafo	03-5130500	<u>Sun, Tue, Thu:</u> 8am – 1pm <u>Mon, Wed:</u> 8am – 12pm, 3:30pm – 6:30pm <u>Fri:</u> Closed <u>Saturday:</u> Closed
<b>Tel Aviv Emergency Center</b>	Yigal Alon St 90, Tel Aviv-Yafo	03-6272350	Sun, Tue, Thu: 7 pm – 11:30 pm Mon, Wed: 7 pm – 11:30 pm Fri: 1 pm – 11:30 pm Sat: 9 am – 11.30 pm



## Independent Health Insurance

All student from programs who are not automatically insured by TAUi including MSc/PhD/Postdoc researchers, **must independently purchase health insurance prior to their arrival**. Please also note that a valid medical insurance is a mandatory part of receiving a student visa.

We can suggest 2 companies which we know to have service in English:

1. One company that has service in English: **“Harel Yedidim” Insurance Agency** – this agency works directly with Harel Insurance Company and the healthcare provider is Kupat Holim **Clalit**. You are welcome to find more information on their site: <http://www.yedidim-health.co.il/>. Their “Prestige Plan” allows for continual coverage for the duration of your time in Israel and it is recommended for those staying longer than one year. For your information, there is a Clalit clinic right on TAU campus (near the Sourasky Library).
2. The second option we can suggest is **“Menora Mivtahim” insurance company** – the healthcare provider is Kupat Holim **Leumit**, the cost is \$2 per say. The contact agent is Sagit: [sagit@offek.org](mailto:sagit@offek.org), please contact her for further assistance. Please note that the closest Leumit clinic is about 25 min walking distance / 15 min by bus from TAU campus.

There are of course many more options in the market with English service – these are simply 2 that we know students have worked with before, you are welcome to do your own research and choose the option most suitable for you.

Please note that insurance companies do **not** cover pre-existing conditions, however, the policies of above mentioned companies **do** cover COVID-19 treatment, if it was not pre-existing.

Kindly note that it is of **paramount importance** that you purchase a health insurance which works with **a known Israeli healthcare provider**, so that in any case that something happens during your stay, you will be able to receive adequate medical treatment, and if we have your insurance details we would be able to assist you if needed. This is even more important in these days with the global COVID-19 situation, and so you are encouraged to act responsibly and purchase an Israeli health insurance.

For any assistance regarding insurance please contact: [housing@tauex.tau.ac.il](mailto:housing@tauex.tau.ac.il)

**Important: if you feel sick in the morning, do not wait until the afternoon.**

**After hours’ medical services are significantly reduced.**

**Remember: the best time to schedule a doctor’s appointment is when the clinic opens.**



## Psychological Support for TAUi Students

Psychological counseling in English is provided through TAU Psychological Services. Students who wish to use these services are requested to download and complete [this form](#) prior to their appointment and email it to [clinic@tauex.tau.ac.il](mailto:clinic@tauex.tau.ac.il) prior to the initial intake (students may also physically bring in the form; whatever is preferred).

**Initial intake** cost is ILS 400, and it includes two intake sessions. This cost is not covered by the mandatory TAU insurance (but if a student has another form of insurance in addition to TAU's mandatory insurance, they are encouraged to check with their other insurance provider regarding coverage). Students should be aware that it is not possible to see a psychiatrist without first doing the intake process and beginning therapy services.

Any questions regarding this form or the services of the University Psychological Services should be directed to the University Psychological Services at 03-6408505 or [clinic@tauex.tau.ac.il](mailto:clinic@tauex.tau.ac.il).

- The **sessions take place either at Mitchell Student Center** or at Carter Building.
- When **cancelling an appointment**, students must call or e-mail their psychologist directly 24 hours in advance. Otherwise, they will be charged.
- **Confidentiality and privacy:** The content of psychological and psychiatric appointments is confidential. **No information whatsoever regarding students is divulged to any University officials, nor to any other institution.** Only, if the student signs a waiver authorizing release of information can any information be divulged. If a case is determined to be a clinical emergency, confidentiality can be broken, but only to ensure the safety of the student.

### Contact Information and Fees

- Ms. Lena Arbiv, secretary of the University's Psychological Services  
03-6408505, [clinic@post.tau.ac.il](mailto:clinic@post.tau.ac.il)

Eric Mitchell Building, Room 216

Open 8:30 am – 2:30 pm, Sunday - Thursday

- |                                      |         |
|--------------------------------------|---------|
| • Initial two consultation sessions  | ILS 400 |
| • Each further psychotherapy session | ILS 200 |
| • First psychiatric consultation     | ILS 275 |
| • Further psychiatric consultations* | ILS 200 |

**Please note: if you have an insurance through your home university, there is a possibility that you can be reimbursed by that insurance for these fees. Check with your home university study abroad office advisor if this applies to you.**



## Mobile Phones

**We require all of our students to carry mobile phones with Israeli phone numbers** for the duration of the program. This is the primary way we communicate with you in case of emergency or urgent situation.

Prior to arriving, you can pre-arrange a SIM card and mail it to our office (address at Post section)

Alternatively, you can purchase a mobile phone or SIM card once you arrive, online, and have it delivered to you or buy it in a store after finishing quarantine.

We do not officially partner with any companies and have no financial agreements with them. This list is provided as a service to students; you are free to choose from the many companies that exist in Israel.

### Providers for Local Customers

These companies usually have lower prices, and physical locations for you to pick up SIM cards. They might not have English-speaking customer service or experience working with visitors to Israel.

[1simhub](#) (can deliver the sim directly to your door step while in quarantine)

- Short-term (one-week to three-month) plans range from US\$ 33 to US\$ 45. Details are available online.
- Long-term (monthly) plans range from US\$ 25 to US\$ 45. Details are available online.

### [Golan Telecom](#)

- Monthly plans range from NIS 24 – 99.
- Order SIM cards [online](#) or [at a store](#).
- Cards will be delivered by the Israel Postal Company within a few days.

### [HOT Mobile](#)

- Monthly plans range from NIS 35–45.
- Order SIM cards [online](#) or [at a store](#).
- Cards will be delivered by courier within three business days.



### Providers for International Customers

These companies may be slightly more expensive, but they cater specifically to short- and long-term international visitors. They usually don't have local offices, but they do have English-speaking customer support.

#### 019 Mobile

- Biweekly plans are US\$ 18; monthly plans are US\$ 28.
- Order SIM cards [online](#).
- Sim cards are delivered to Ben Gurion airport for free.

#### TalknSave

- Short-term (one-week to three-month) plans range from US\$ 39.97 to US\$ 157.50. Details are available [online](#).
- Long-term (monthly) plans range from US\$ 19.97 to US\$ 59.97. Details are available [online](#).
- SIM card delivery to the United States is free for students.
- SIM cards can also be delivered to the TAU International Office.

#### Israel Phones

- Short-term (one- to six-month) plans range from US\$ 32-79. Details are available [online](#).
- Long-term (monthly) plans are NIS 99. Details are available [online](#).
- SIM cards are delivered to Ben Gurion Airport for free, or to a US address for \$15.
- SIM cards can also be delivered to the TAU International Office.

#### Tips

- Usually incoming calls are free of charge; you pay only for outgoing calls.
- If you bring an unlocked smartphone, you can purchase a SIM card for it. Note: you must unlock the phone prior to coming; you cannot do it here.
- If you need to purchase a phone, most companies offer an inexpensive, basic model for about NIS 400.
- Almost everyone in Israel uses [WhatsApp](#) – be sure to download it as you will find it to be an easy way to communicate here and abroad.



## Information for Dormitory Residents

We welcome you to the Einstein and Broshim Dormitories. Note that all rules and regulations are found on the [Student Dormitory Regulations page](#). The following information is a brief summary. Please read this document in order to help you understand the norms and behavior expected of you in the living quarters.

Every apartment has a kitchen equipped with: a refrigerator, electric stove, microwave, dining table and chairs. **Please take good care of these appliances and keep them clean**, especially the refrigerator (defrost it if necessary).

Fire Alarm System: Smoke detectors are located in all apartments and public areas. It is strictly forbidden to alter or disable them in any way.

In Einstein dorms there are two bedroom apartments. Each bedroom has two single beds, two desks, two bookcases, two closets or one large closet, an air conditioner with a remote, TV with a remote.

In Broshim dorms you'll find a single bed, a desk, a table, a bookcase, closet, AC, TV and remotes.

Residents are responsible for keeping all the appliances and furniture clean, intact and in good working order.

## Rules and Regulations for Dorms Residents

You are forbidden to make change the apartment locks, or any other structural changes to the apartments. Do not paint, drill or use nails and thumbtacks to hang items on the walls. Residents who disregard these instructions will be charged for the cost of repairing any damage to the rooms once they check out.

### [Room Assignments](#)

Rooms will be assigned by the International office staff and dorms management. Room assignments may be changed if necessary at the dorms management or TAU International's staff discretion. Any such order to vacate a room or of relocation will be delivered at least 48 hours in advance and must be complied with.

### [Maintenance](#)

For any maintenance issues please visit the following [link](#). Or visit the dormitory management office, located on the ground floor of building E (in Einstein dorms) and in building B (in Broshim dorms), Open Sunday- Thursday 8am- 4pm.



### Inspection and Renovations

Employees of the dorms operating staff and/or their associates may enter any room/apartment after giving prior notice to its residents in order to execute maintenance works, repairs and renovations as necessary. In the event of an emergency the aforementioned persons may enter a room/apartment without giving prior notice to prevent harm to peoples or property.

### Security

Security guards man the main entrance to the dorms 24 hours a day 7 days a week. Each evening a reinforced security patrol is active from 7pm until the next morning. All public areas are equipped with security cameras. The entrance to the dorms is facilitated exclusively by a personal FOB.

In order to be issued a chip (FOB), come to the dorms management office with the chip form you received with your keys, to be photographed and fill out a request form.

The residents are responsible for their personal property and valuables. Residents are to lock the doors to the apartment and room when vacant. Neither the dorms nor the University will be held responsible for lost or stolen property.

### Visitors and Guests Policies

- Guests are not allowed to remain in the dorms after 11pm.
- Hosting guests overnight or after 11pm is not allowed without a formal as listed below. A resident will be held personally responsible for the actions of his guests in the dormitory.
- In Einstein dorms a resident can host overnight up to twice a week, and a formal request has to be approved by the management office.
- Please go to the dorms management office to fill out a request during their working hours, and provide all information needed about your guest. The guest will have to present a formal identification card that includes full name, ID number and picture at the entrance to the dorms.
- In Broshim dorms a resident can host overnight up to twice a week, by sumitting a form together with your guest to the dorms guard no later than 11 PM.
- No parties are allowed. Please keep it quiet for people to sleep and study, especially between 2pm-4pm (resting hours) and after 11pm.

### Garbage

All Garbage must be disposed of in designated dumpsters and recycling bins outside the living quarters. Any garbage that is left in public areas such as the stairwells or hallways will lead to fines and repeat offenders may be expelled from the dorms.

**Breaking the rules leads to penalties and might lead to your expulsion from the dorms.** We ask you to ensure a pleasant environment for living and studying.



## Services in the Dorms

### Dorms Office

Dorms Office Management is at the first floor of building E (in Einstein dorms-03-6408333) and in building B (in Broshim dorms-03-7715999). They're available for maintenance problems, lost keys, hosting guests, etc. Open Sunday-Thursday, 8am-4pm.

### Recycling

In the Einstein dorms you may find recycling garbage cans in the following spots:

- On the left side of building E
- Between buildings F and D
- Between Buildings A and C in the dorms

In Broshim dorms there's a recycle center in every garbage room.

### Laundry

- Self-service: In Einstein dorms, building E, ground floor. In Broshim dorms, building F, ground floor.
- 10NIS for wash (30min) and 10Nis for 40 min of drying. Opens 24/7.
- Using Laundro-Smart system: To create a user account please go to <https://app.laundro-smart.com>  
Click create an account and insert site code TLVUNI. Please insert your phone number for identification. The system will send you a confirmation code by SMS.  
Please insert the code for ending the registering procedure.  
The system will automatically go to a default room on site.  
In case there are a few rooms, you can change a room at the user menu.  
We recommend you insert your name and an e-mail address into the system, for direct communication in case of need.
- In order to operate a washer/dryer please choose an available machine (with green background).
- At the new window, please choose the program you want.
- Please confirm at summary window, and then you will receive a confirmation for procedure ending. A few seconds later machine will beep. Please press start for operation.
- You will need to "Add Funds" by filling out your credit card details.





### External laundry options

- Dr. Clean laundry, Tagore St. 38, Tel: 03-6427098. Sun-Thurs, 8:00am-6:30pm, Fri: 8:00am-1:00pm
- Mahbesat HaMelachim, Brodetsky 15, 1700-700-372. Sun- Thurs: 8am-22:30pm, Fri: 8am- 3pm
- **Kvisi:** Laundry pick-up and delivery service app <https://www.getkvisi.com/> please note: when in quarantine, they can pick up your laundry from outside the door.

### Hot Water Boiler

In order to have hot water in your shower, you need to turn on your hot water boiler (even in the summer). It is located on one of the walls in the public area of the apartment. It works on timer – you turn it clockwise, according to how long you want the water to heat (you should turn it for at least 30 minutes before you want the water to be hot, and maximum time the timer works is about 3 hours – which is usually a lot more than you'd need).



### Internet

In the Einstein dorms there is a different Wi-Fi network (no password needed) for every entrance & floor. The network name is combined from the Building, entrance number and floor number. For example: Dorms\_BuildB\_E1-F1, Dorms\_BuildB\_E1-F3, etc.

In the Broshim dorms there is a free Wi-Fi for the whole compound.

### **In case of internet problems, please follow this procedure:**

- Call Bezeq Beinleumi Customer Service at 1-700-555-222. You'll be asked to provide a customer number. The dorms' number is 101245310.
- If the problem is not resolved, please send an email to [iski@014.net.il](mailto:iski@014.net.il), providing the following details: full name, phone number, building, apartment number, and a description of your problem.
- Please write the hours that you'll be available on the phone and present in your dorm room, and the representative of the internet company will call you back.



### [Cable T.V](#)

\*If the remote is not working, please try to replace batteries first.

When having a technical support with the YES services do the following

1. call 09-7618503 or \*2088
  2. press 1 for the right extension
  3. press 1936#
  4. you reach a customer service representative.
- The dorms subscription number with the YES company: 520021171
  - YES business customer support opening hours: Sun - Thu 8:30-17:30, Fri 8:00-13:00
  - Get ready your YES box serial number (marked on the box - 10 digits)

### [Dorms Gym](#)

The dorms gym is in Einstein, ground floor of Building F.

Broshin & Einstein residents have a free access to the gym.

Gym hours: Sunday through Thursday 5pm-9pm, Friday 9am-12pm.

Please present your dorms' entrance chip to the Gym instructor.

Entry to the gym is only permitted to the dorms' residents and with appropriate sports' clothing and towel.



## Off Campus Housing

### **Websites for searching an apartment:**

(Most of them are in Hebrew so we recommend using "Google translate")

**Yad 2:** <http://www.yad2.co.il/Nadlan/rent.php>

**Homeless:** <http://www.homeless.co.il/rent/>

**WinWin:** <http://www.winwin.co.il/RealEstate/ForRent/RealEstatePage.aspx>

**Lagur:** [http://www.lagur.com/english/apartments\\_rent\\_telaviv](http://www.lagur.com/english/apartments_rent_telaviv)

### **More General Information:**

<https://www.secrettelaviv.com/magazine/blog/renting-an-apartment-in-tel-aviv/>

<http://www.israelnationalnews.com/News/News.aspx/124854>

### **Facebook Pages for apartments:**

Pages in English:

- Apartments/roommates in Tel Aviv:  
<https://www.facebook.com/groups/telavivrealestate/>
- Tel Aviv Apartments - Buy/Sell/Rent/Trade:  
<https://www.facebook.com/groups/188430365379>
- Apartments for singles or couples in Tel Aviv:  
<https://www.facebook.com/groups/684686771562272/>
- Tel Aviv Apartments:  
<https://www.facebook.com/groups/TLVAPT/>
- TEL AVIV APARTMENT RENTALS ENGLISH NO REALESTATE AGENTS:  
<https://www.facebook.com/groups/1432828703704444/>
- Tel Aviv Area apartments, rooms, & apartment stuff:  
<https://www.facebook.com/groups/314227591934262/>
- Internationals in Tel Aviv:  
<https://www.facebook.com/groups/94000344685/>
- Looking for an Apartment in Tel Aviv:  
<https://www.facebook.com/groups/TelAvivApartments/>
- Batim LeOlim - Rentals in Tel Aviv:  
<https://www.facebook.com/groups/189220514572424/>



Pages in Hebrew:

- The Student Union at TAU has opened a page for university students to exchange apartments:

<https://www.facebook.com/groups/1853548351342313/>

- דירות מפה לאוזן בת"א:

<https://www.facebook.com/groups/35819517694/>

- Apartments in TLV Old North and Downtown:

<https://www.facebook.com/groups/RealEstateTelAviv/>

- דירות להשכרה והחלפה בין חברים בתל אביב:

<https://www.facebook.com/groups/391306014262850/>

- דירות ריקות בין חברים בתל אביב, לפני שמתפרסמות בהומלס:

<https://www.facebook.com/groups/dirotTA/>

- מחפשים דירה להשכיר / לשכור בתל אביב:

<https://www.facebook.com/groups/247322211969950/>

- דירות להשכרה במרכז תל אביב והסביבה:

<https://www.facebook.com/groups/1427929940815001/>

- (!רק דירות תל אביב (בלי תיווך, בלי שותפים ובלי סאבלט (Flat mates in Tel Aviv)

<https://www.facebook.com/groups/1648274912081018/>

**Legal consultant**

We recommend getting legal advice from the student union's lawyer before signing an apartment contract.

**Legal consultant** is a free service given by the Tel Aviv University student union.

To schedule a meeting with **The Legal Department** in the student union call: 03-6407654.

Their working days & hours: Sunday – Thursday, 9:00am – 5:00pm.

**Tel Aviv-Yafo Municipality's Center for Young Adults- MAZE9** Also provides legal consulting for apartment rental: <http://www.mazeh9.org.il/#!about/c1ucv>



## Transportation Information

Please note that most public transport in Israel doesn't run on Shabbat (Friday evening Until Saturday night, specific times change along the year). Intercity [Sherut taxis](#) (yellow minibuses) continue to operate at reasonable fares.

The way to use public transportation is by first obtaining a 'Rav-Kav'. It's a "smart card" which may be loaded with travel fare contract via an app ([Hop on](#) or [Rav-Kav](#)) or [charging stations around town](#). The smart chip in the card will adjust the fare to your personal data and will provide with the discount you are entitled to as TAU student. The Rav-Kav is usable in both buses and trains but not with Sherut. There are few 'Rav-Kav' contracts for students (one semester or one year).

**Note: You cannot pay with cash on the buses!**

### How to get a Rav Kav card?

Issuing a student's Rav Kav can be easily done online, via this link:

<https://ravkavonline.co.il/en/ravkav-issue-request/order-ravkav-online>

When requesting a card, you have to upload a copy of your TAU student card and a study certificate. Please request the card to be sent to our office (address is specified on the mailing section in this booklet).

Please note that the card can also be issued in specific stations around the city. For more information, please visit

<https://ravkavonline.co.il/en/>

After issuing a Student Rav Kav, the card is chargeable through the [Rav Kav App](#) or in multiple spots around the city. All info is here: <https://ravkavonline.co.il/en/>



### Popular routes to the city center from the university:

- Dan Bus 25 – [route](#)
- Dan Bus 24 – [route](#)
- Dan bus 13 – [route](#)
- Sherut taxi 4 ⚡ – [route map in Hebrew](#)

### Train

- Israel Trains: 03-5774000 or \*5770, [www.rail.co.il/en](http://www.rail.co.il/en). Sunday-Thursday: 6:00am-11:00pm, Friday: 6:00am-3:00pm, Sat: End of Shabbat –11pm. The train station is about 10-minute walking from Broshim dorms and 15-minute walking from Einstein dorms.
- During COVID-19: eating and drinking is forbidden during the ride, and mask-wearing is required at all times. Before entering the train it's mandatory to issue a train ticket (please note that instead of Israeli ID number you can use your passport number). you can read the details here: <https://www.rail.co.il/en/pages/voucher-info.aspx>



## Public transportation all week!

Recently, Tel Aviv municipality initiated public transportation services during Shabbat. Find more information here: <https://visit.tel-aviv.gov.il/move/in-tel-aviv>

## Bubble Minibuses

Bubble is a relatively new service in Tel Aviv, that offers shared rides on minibuses that can be ordered through the app, [Bubble Dan](#). The minibus routes are dynamic and adapt to user demand, and other riders may get on and off along the way.

## Taxis

- [Gett](#) App - Allows you to both order a taxi easily by pressing a button, and to pay with your credit card by inserting its details and information. Possibly the best way to order taxis in Israel.
- [Uber](#) – Uber services are available in Tel-Aviv and in other parts of Israel but they are not as commonly used as Gett.
- Your driver has to put on the meter. We call it "MONEH".
- A taxi from the university to the city center should cost NIS 50-70, not more!
- A ride out of the city (between cities) has a fixed price. Ask the driver to show you the printed price list.
- There is a day rate and a night rate and a rate for Saturday (the night rate is more expensive 9pm-5:30am & all of Saturday).
- There are some taxi operators in Tel-Aviv should your Gett app fail you, the closest one is a cab station in front of the Ramat Aviv mall:  
Kastel taxi's: 03-6993322/ \*3242  
Palatin taxi's: 03-6214621, 03-5171444

## Car Rental

Full day rentals services: [Hertz](#), [Eldan](#), [Avis](#)

Rent by the hour: [Car 2 go](#)

## Bicycle and Scooter Rental

**Tel-O-Fun:** Tel-Aviv municipality's bicycle rent by the hour service is easy and inexpensive.

Please find more information here: <https://www.tel-o-fun.co.il/en/>

**Mobike:** another bicycle rent by the hour. Website: <https://www.mobike-israel.co.il/en/>

**Bird:** Electric scooters for rent. <https://www.bird.co/>



## Food and Shopping

On campus, each building has its own cafeteria. Go and explore your culinary choices! Here are some recommended options:

- Aroma: Coffee shop in the Beit Hatfutsot/Jewish Diaspora museum (near the TAU International office).
- Main cafeteria area: in the Law building (McDonalds, Salad bar, Italian food, etc.)
- Coffee Star: Coffee shop, Hummus, sandwiches, salads, etc. across the road from the main cafeteria.
- Cafeneto: coffee, salad bar, sandwiches, lunch and more at Gilman building.
- Japanika: Sushi, Noodles and other Asian food, Right outside TAU main gate.

## Supermarkets and grocery stores near the university

- "Mahsanei Lahav" Store: Einstein St. Open Sun-Thurs: 7:00am-11:00pm and Fri: 7:00am-3pm.
- "Shufersal": On Brodetsky St, near Ramat Aviv mall and on 1st floor of the mall. Sun-Thurs: 7:00am-11:00pm, Fri: 8:00am-2:00pm. Brodetsky is also open after Shabbat ends (Saturday evening).
- "Victory": Broshim dorms shopping center. Open Sun-Tue: 7:30am-9:00pm, Wed-Thu: 7:30am-10:00pm, Fri: 7:00 am - two hours before Shabbat enters.
- "SuperYuda" – Bart st. 6, a bit more expensive than other supermarkets but open 24/7.

**For medicine, toiletries, and more**, go to SuperPharm Pharmacy, Ramat Aviv Shopping mall, Tel: 0778880080, Sun-Thurs: 8:00am-Midnight, Fri: 8:00am-4:30pm, Sat: 8:00pm- 12:30am. Please note that it's a chain, and you can find SuperPharm all around the city.

## Markets/Shuks

For additional information about markets (addresses, hours of activity, etc.), [click here](#). Tel Aviv recommended markets include: Carmel Market (Shuk HaCarmal), Shuk HaNamal ("Farmers Market" at the Tel-Aviv Port on Fridays), Flea Market in Jaffa, Levinsky Market and there a lot more!





## Recommended Restaurants in Tel-Aviv

There are so many restaurants in Tel-Aviv, and they are constantly changing and coming up with new ones. So, for the most up-to-date, consult the [Secret Tel-Aviv list of best restaurants](#) which is updated frequently.

- [Miznon](#) – Everything in a pita!
- [Port Said](#) – As Tel-Aviv as you can get
- [HaKosem](#) – Amazing falafel and shwarma
- [Vitrina](#) – Amazing burgers
- [Teder](#) – Pizza, beer garden
- [Taqueria](#) – best Mexican in Tel-Aviv
- [America Burger](#) – Great burgers and American fare
- [Bicicletta](#) – Tel-Aviv cuisine, outdoor garden
- [Hummus Ashkara](#) – Hummus etc.
- [Japanika](#) – sushi, close to campus
- [Beer Bazaar](#) – Israel's most famous brews and snacks, several locations
- [Café Yom Tov](#) – in the Kerem by the Shuk, great spot!
- [Nelson 33](#) – bar/cafe
- [Coffee Bar](#) – bistro
- [Dr. Shakshuka](#) – shakshuka
- [Abu Hassan's](#) – famous Hummus
- [Bait Tailandi](#) – Thai Food
- [Max Brenner](#) – Chocolate restaurant, multiple locations
- [Mexicana](#) – Mexican food
- [Bucke Vegan](#) – not far from campus on Maccabbi st. you'll find a lot of great spots to eat and drink!



## Banks and Currency changing service

We advise our students to avoid traveling to Israel with large sums of money, but you may want to have a small amount of cash for your first days. Do not open a bank account in a U.S. branch of an Israeli bank since Israeli branches do not have information about accounts opened abroad.

### Opening an Israeli bank account

From the information we were able to gather, we recommend these two “Hapoalim” Bank branches which are near campus:

#### a. Ramat Aviv Gimel branch

Address: Aba Akhime’ir Street No. 33.

##### Opening hours:

Sunday	8:30am–1:30pm
Monday	8:30am–1pm, 4pm–6:30am
Tuesday	8:30am–1:30pm
Wednesday	8:30am–1pm, 4pm–6:30am
Thursday	8:30am–1:30pm
Friday-Saturday	Closed

Phone: 03-653-2407 - When you go to this bank branch, ask to speak to Galina Dubrinski.

#### b. Avivim Branch

Address: Brodetski Street No. 43.

##### Opening hours:

Sunday	8:30am–1:30pm
Monday	8:30am–1pm, 4pm–6:30am
Tuesday	8:30am–1:30pm
Wednesday	8:30am–1pm, 4pm–6:30am
Thursday	8:30am–1:30pm
Friday-Saturday	Closed

### Mandatory to have while going to open a bank account:

- Passport
- TIN number/social security number/ID card from home country
- Additional ID (could be the ID/driver’s license from your home country)
- Blue ticket which you have received at the airport while entering Israel or an additional ID/driver’s license from your home country
- TAU Student ID or a study approval letter from the university (a formal letter which states that you are a student at TAU during this academic year. Public Transportation letter – “Rav Kav” form - can also be used)



**Other bank branches around campus you could try include:**

- "Discount" bank branch on Yehuda Ha-Nasi st. 34
- "Leumi" bank branch on Brodetski st. 43
- Israel post office, Chaim Levanon st 67
- "Leumi" bank branch on Aba Akhime'ir st. 15
- "Leumi" bank branch on Rav Ashi st. 18

The process of opening a bank account can take around 30-50 minutes.

*If you do not have Israeli ID, the bank clerk, when opening an account, will randomly assign you a fictional ID number. Please make sure you write down this number. You will need it for future services provided by the bank.*

**ATM cards**

The easiest way to have immediate access to your money from your account in the United States is with an ATM card. We strongly suggest that you arrange for an ATM card from your local bank along with a 4-digit pin number (personal identification number), and that you make sure it can be used in Israel. Please be aware that you will not be able to use a debit card that does not have a credit card logo. Therefore, you should make sure that your bank card is both a debit card and a credit card even if you will not use it as such. We do not advise relying exclusively on ATMs as your only source of cash, due to potentially high transaction fees per each withdrawal.

**Credit cards**

The most popular credit card in Israel is Visa. MasterCard and American Express are also widely accepted.

**Post Office**

Post Office: 67 Chaim Levanon St. It is recommended for phone cards, and money changing service. You can also issue a chargeable credit card through the post office.

Mailing address: Any packages you wish to receive should be sent to the TAU International Office at the address below:

Your name  
Tel-Aviv University International  
Carter Building, Room 108  
6997801 Ramat Aviv, Israel



## Culture in Tel-Aviv

Useful websites in English:

[Secret Tel-Aviv](#) – the best resource for international visitors to Tel-Aviv!

<http://www.go-telaviv.com/>, <http://www.visit-tel-aviv.com/>

### Art Museums

- [Tel-Aviv Museum](#)
- [Eretz Israel Museum](#)
- Gordon Street - a variety of art galleries along the street.
- [Nachum Gutman Art Museum](#), Neve Tzedek
- Rokach House: Shimon Rokach 36, Neve Tzedek, 5168042 – 03

### Music

- [The Israeli Philharmonic](#), 25% discount for students.
- [Barbie](#)- bar, rock concerts: 52 Kibbutz Galuyot st., 03-5188123,
- Café Bialik: Coffee shop, restaurant, music bar, 2 Bialik St. 03-6200832.
- [Ozen Bar](#): in “The Third Ear” music and film shop **ן** Bar, live concerts. 48 King George St. (across the street from Dizengoff Center) 03-6215210, available 10am-6pm

### Theatre & Dance

- [Cameri Theatre](#)
- [Habima](#) the National Theater (Hebrew website)
- [Gesher Theatre](#)
- [Suzanne Dallal Dance Centre](#) – Look for Bat Sheva Performances!

### Cinema/Movie Theatres

- [Tel Aviv Cinematheque](#): rich program, including fresh releases, cult classics, fiction films, documentaries, avant-premières, film festivals, and more!
- Cinema City: The biggest Cinema venue in the area - includes 26 cinema halls, shops and restaurants.
  - Ramat Hasharon Cinema City: Glilot Junction, Herzelia.
  - Rishon Letzion Cinema City: Yaldei Teheran 3, Rishon Letzion.
- Yes Planet: Aba Hillel Silver 301, Kenyon Ayalon (Ayalon Mall), Ramat Gan.
- [Lev Cinema](#):
  - Lev Mandarin - 7 minutes drive from the dorms, at “Chof HaTzuk” (the cliff beach).
  - Lev Tel-Aviv: Dizengoff Center, Dizengoff 50.
- Rav Chen Dizengoff: Dizengoff Square, Ben Ami 16



## The Student Union

The Student Union is one of the most active bodies on campus, and offers all its services in both Hebrew and English. Services to students include, but are not limited to, private tutoring, legal support, and extracurricular activities. The Student Union is located in the Mitchell Building. For more information, please visit the [Student Union website](#) or the [Student union section](#) of the TAU International website.

### English-Speaking Student Clubs

- **Model UN Club:**

Do you want to be a diplomat? To know how to stand in front of a crowd and make a convincing speech in English? To meet new people from Israel and around the world? You belong with us!

Model UN is an international academic program to develop leadership and imparting diplomacy skills. The program is held in English and is led by students for students. The program teaches formal debate rules and UN procedures. The learning occurs through negotiation and debate, which are the cornerstones of UN activity.

Tel-Aviv University Model UN society, which is the biggest in Israel, sends every year delegations to international conferences abroad. This upcoming year, the club will continue its activity, which includes weekly meetings; events and socials; conversations and lectures with diplomats and diplomacy experts; and traveling to conferences. Especially at this time, we invite you to join us and meet new friends at the university. Tryouts for the club will be held in **14-29/10**, via Zoom and the University, for your convenience.

If you are interested, you may sign up via this link:

[https://docs.google.com/forms/d/e/1FAIpQLSce9uX-Gp9MLDBwtFRY\\_Pe9jAKADRdj5Xuuo8A\\_kfLtT2kpVQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSce9uX-Gp9MLDBwtFRY_Pe9jAKADRdj5Xuuo8A_kfLtT2kpVQ/viewform)

For more information, find us on Instagram ([TAUMUN](#)) and Facebook ([TAUMUN](#)) or go to [www.taumun.com](http://www.taumun.com)

- **TAU Tazuz Tribes** - TAZUZ Program are happy to share with you all the Tribes, active now in the university. Do you want to meet students from other programs while having fun? Do you want to awaken those passions and pursue them as group goals? Please follow this [link](#).



## Sports and Fitness

TAU International students have several options for sports and recreation during their time in Tel-Aviv.

### Einstein Dormitory Free Workout Room

In the Einstein Dormitory Complex, there is a free workout room available to students living in the Einstein or Broshim Dormitories. This small gym has several treadmills, cardio equipment, weight equipment, etc. The Einstein workout room is open limited hours as follows:

- Saturday-Thursday: 5:00pm-9:00pm
- Friday: 9:00am-1:00pm

### Elite Sports Center

A much larger and more comprehensive option is for students to join the TAU [Elite Sports Center](#) on campus. Students must sign up for membership directly with the Elite Sports Center; the cost per month is approximately \$65. In addition to providing workout facilities, many classes, and the university's physical education courses, the TAU Elite Sports Center is a key venue for competitive intercollegiate and Israeli league activities in a variety of sports. The sports center is equipped with an Olympic-size swimming pool, floodlit tennis courts, a basketball court, a running track, yoga and pilates classes, and a soccer stadium. The Goldreich Multipurpose Sports Building houses fitness and weight rooms, squash courts, and a gymnastics hall. Membership entitles students access to all of the before mentioned perks. Please note that students may have to provide additional medical clearance forms for use of the gym facilities.

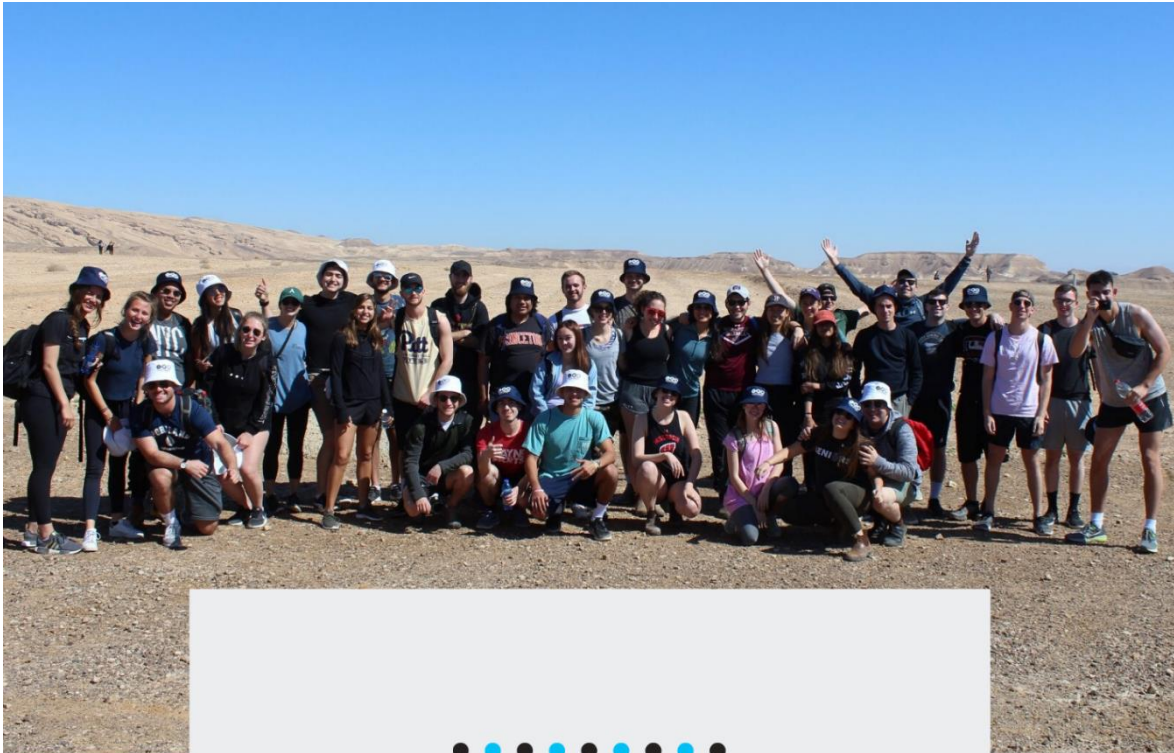
### External Options

Tel-Aviv and Ramat Aviv have a number of options for fitness classes, yoga, pilates, Crossfit, gyms, sports complexes, pools, etc. You can find a list of suggested options from the Secret Tel-Aviv (expat) community [here](#). There are also many yoga and Pilates classes taught in English in the city. If you don't see the option listed on the web site of a studio, call and ask as it might be possible but just not listed as an option. Compared to the U.S. and other countries, the cost of joining a private gym or taking exercise classes (such as yoga) can be slightly more expensive than one might find at home. For students looking to play tennis, there is an [Israel Tennis Center](#) location in Ramat Hasharon (15-20 minutes from TAU) which may be of interest.

### Beach/Tayelet

There is a bike and running/walking path along the entire beachfront of Tel-Aviv! There are also several free outdoor fitness stations along the way that you can stop at to work out. We encourage you to take advantage of this free and beautiful path along the Mediterranean.





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We encourage you  
to contact us with any question  
and wish you an amazing semester!

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THE MADRICHIM